



Make Promises Happen

“Changing Lives One
Camp at a Time”

What to Bring to Camp

2018 MPH Volunteers

**Please retain this list
and use it to assist you
while planning and packing.**

- two pairs of comfortable shoes
- labeled dirty clothes bag
- comfortable clothing *
- swimsuit (summer only)
- water bottle, labeled
- medication (in original containers/bottles)***
- bedding: twin beds (Northwoods Village) & twin beds, XL (Camp Tanglewood)
- any special foods (gluten free, dairy free, vegetarian, soy free, nut free, for example)
- raincoat or slicker, jacket, sweater, coat
- toiletries (soap, shampoo, toothpaste, etc.)
- towels & washcloths
- flashlight and spare batteries
- spending money**

If you don't know at which side of camp you will be on, as will be the case for most weekend camps, consider bringing a bedroll, sleeping bag, pallet, or king or queen sized sheets.

*Pack extra clothes. Take into consideration the seasonal weather and dress appropriately for camp.

** spending money is used for a beverage machine, mostly stocked with soda and juice, cost is about \$1.00+ each. At Camp Horizon, camper spending \$ is prohibited! Counselors will be allowed additional snacks/drinks during set times throughout the week due to strict diets of the campers. Please exercise discretion and caution and be empathetic.

*** •ALL medications must be in the original pharmacy-labeled bottles or bubble packed
•Any over-the-counter medications, vitamins, etc. must also be in the original containers

Alcohol, illegal drugs, weapons, non-service related animals are not permitted at camp.

COC is not responsible for the loss or destruction of personal property including, but not limited to, personal sports equipment, personal electronics, or vehicles.

Label all of your belongings and make a list of what items will accompany you.

Do not bring things that are expensive or are not easily replaced.

Central Oklahoma Camp and Conference Center, Make Promises Happen, and its staff are not responsible for items that are damaged, broken, stolen, left behind, or are misplaced.

When you pack up and go to leave, **do a visual inspection of the cabin and sleeping area** and refer to your list of what you brought to camp.

Notify the camp office immediately of any items that did not return home with you. Anything left unclaimed within a week's time-frame from the end of the event will be donated to a suitable charity. Arrangements must be made through the camp office to retrieve lost items.

If you have any questions, please contact Heather at the camp office:
(405)282-2811/(800)299-2811 or e-mail: heather@centralchristiancamp.org